

「一帶一路」精神健康國際研討會  
「Belt and Road」Mental Health International Conference  
籌備委員會第一次會議  
The First Organizing Committee Meeting

日期Date: 2026/03/02 星期一(Mon)

時間Time: 10:30-12:30

地點Venue: GH402 香港理工大學 The Hong Kong Polytechnic University

主持Moderator: 崔永康教授Professor Eric CHUI  
張建森博士Dr CHEUNG Kin Sum, Stephen

主辦單位 Organizer :

香港理工大學應用社會科學系  
粵港澳大灣區精神健康協作平台

Department of Applied Social Sciences, The Hong Kong Polytechnic University  
Mental Health Collaboration Platform of the Guangdong-Hong Kong-Macau Greater Bay Area

顧問委員會 Conference Advisory Board [PDF](#)  
籌備委員會 Organizing Committee [PDF](#)

## 議程Agenda:

- 1) 林正財醫生視頻致辭: 為籌委同仁打氣賀新歲及大合照 (10分鐘min)  
Video Address by Dr LAM Ching Choi: New Year Greetings and Encouragement for Members of Organizing Committee and Group Photo
- 2) 開場與介紹-雙方主辦單位負責人致辭 (15分鐘min)  
Opening Remarks by Co-hosts
- 3) 研討會核心目標與主題定位 (25分鐘min)  
Core Objectives and Thematic Positioning of the Conference
- 4) 組織架構和分工 (25分鐘min)  
Organizational Structure and Division of Tasks
- 5) 資源整合和動員與策略伙伴 (20分鐘min)  
Resource Mobilization and Strategic Partnerships
- 6) 其他事項及開放討論 (15分鐘min)  
Any Other Business and Open Discussion
- 7) 總結 (10分鐘min)  
Summary and Closing

會議結束 End of Meeting

### 籌備委員會 Organizing Committee [PDF](#)

#### 背景與意義 Background and Significance

“一帶一路”倡議以共商、共建、共用為原則，通過政策溝通、設施聯通、貿易暢通、資金融通、民心相通（“五通”）推動構建人類命運共同體。香港作為國家“一帶一路”建設的橋頭堡，具備獨特的政治、經濟和文化優勢。在此背景下，以精神心理健康為切入點，定期舉辦國際性論壇，有助於深化“一帶一路”沿線國家的人文交流，促進文化包容與心靈互通，同時凸顯香港在區域合作中的樞紐作用。

粵港澳大灣區是全球經濟與科技最活躍的區域之一，精神健康協作是構建“幸福灣區”和未來人類生活示範區的重要支撐。通過跨制度、跨文化的心理健康合作，大灣區可為“一帶一路”沿線國家提供可借鑒的經驗，推動全球心理健康事業的發展。

精神心理健康是文化包容與民心相通的基石。通過聚焦這一領域，論壇將促進沿線國家在心理健康服務、政策制定、科研創新等方面的合作，為「一帶一路」高品質發展注入人文關懷與健康動力。

## 2) 開場與介紹-雙方主辦單位負責人致辭 Opening Remarks by Co-hosts (15分鐘min)

### **Background and Significance**背景與意義

The Belt and Road Initiative, guided by the principles of extensive consultation, joint contribution and shared benefits, aims to promote policy coordination, infrastructure connectivity, unimpeded trade, financial integration, and people-to-people bonds — collectively known as the five pillars of connectivity — in order to build a community with a shared future for mankind. As a bridgehead for the country's Belt and Road construction, Hong Kong possesses unique political, economic, and cultural advantages. Against this backdrop, using mental health as an entry point to regularly hold international forums will help deepen cultural exchanges with countries along the Belt and Road, foster cultural inclusion and heart-to-heart connections, and highlight Hong Kong's pivotal role in regional cooperation.

The Guangdong-Hong Kong-Macao Greater Bay Area is one of the most economically and technologically dynamic regions in the world. Mental health collaboration is crucial to building a "Bay Area of Happiness" and a future demonstration zone for human habitation. Through cross-institutional and cross-cultural mental health cooperation, the Greater Bay Area can provide valuable experience for countries along the Belt and Road, advancing the global mental health cause.

Mental health is the cornerstone of cultural inclusion and people-to-people bonds. By focusing on this field, the forum will promote cooperation among countries along the Belt and Road in mental health services, policy formulation, and scientific research innovation, infusing the high-quality development of the Belt and Road with humanistic care and healthy vitality.

### 3) 研討會核心目標與主題定位 (25分鐘min)

## Core Objectives and Thematic Positioning of the Conference

#### 目標

1. 打造以香港為基地的“一帶一路”精神心理健康國際交流平台，定期舉辦高端論壇。
2. 推動沿線國家在心理健康領域的政策對話、知識共用與資源整合。
3. 提升大灣區精神健康服務的國際化水準，形成可推廣的協作模式。
4. 加深公眾對心理健康的認識，減少污名化，促進社會包容性發展。

#### Objectives

1. Establish a Hong Kong-based international exchange platform for Belt and Road mental health, holding high-level forums on a regular basis.
2. Promote policy dialogue, knowledge sharing and resource integration in the mental health field among countries along the Belt and Road.
3. Enhance the international standards of mental health services in the Greater Bay Area and develop a replicable collaboration model.
4. Deepen public understanding of mental health, reduce stigmatization, and promote inclusive social development.

### 3) 研討會核心目標與主題定位 (25分鐘min)

## Core Objectives and Thematic Positioning of the Conference

主題一：文化與精神健康

**Theme 1: Culture and Mental Health**

主題二：人工智慧與精神健康

**Theme 2: AI and Mental Health**

主題三：精神健康政策與實踐

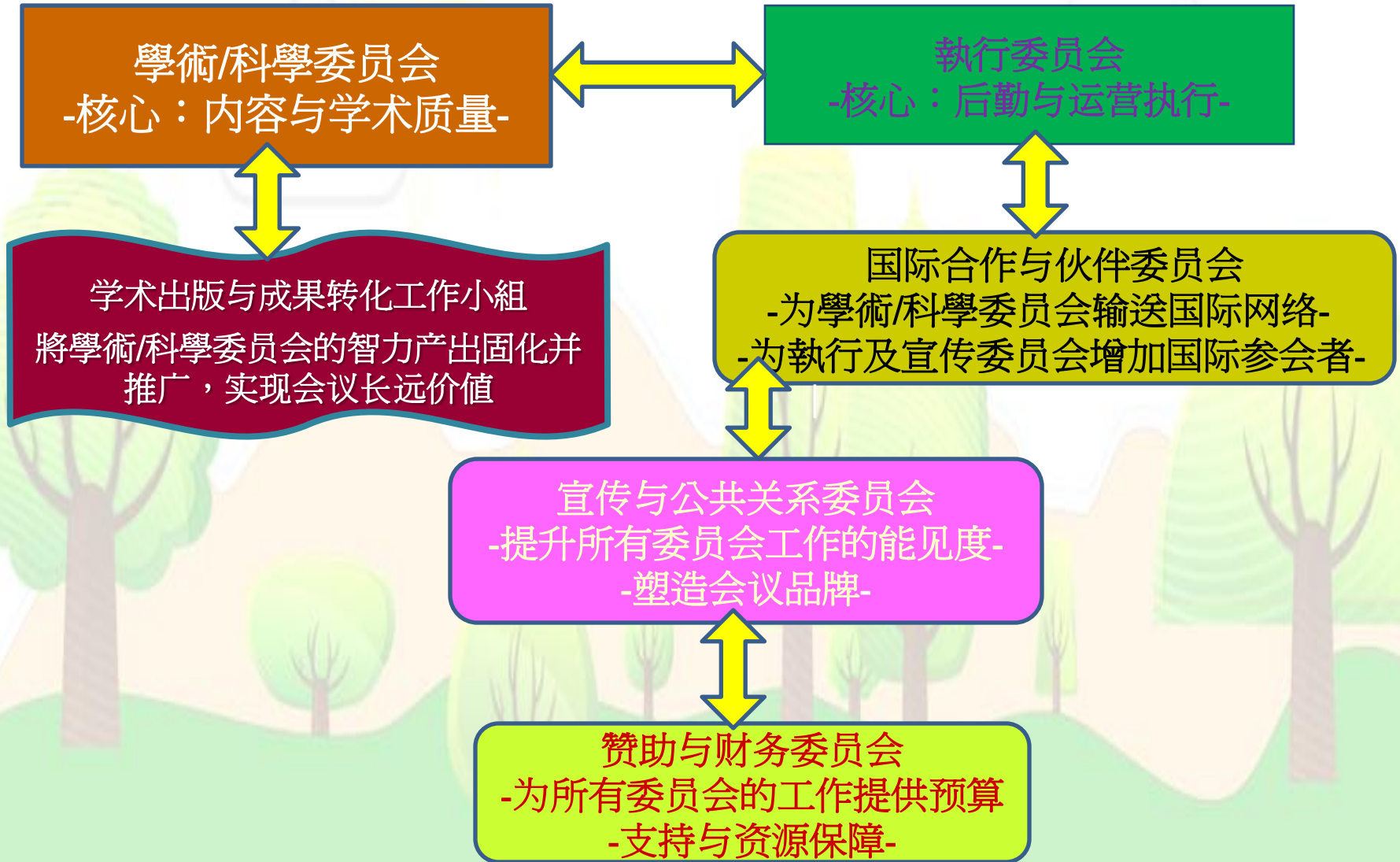
**Theme 3: Mental Health Policy and Practice**



## 4) 組織架構和分工 (25分鐘min)

### Organizational Structure and Division of Tasks

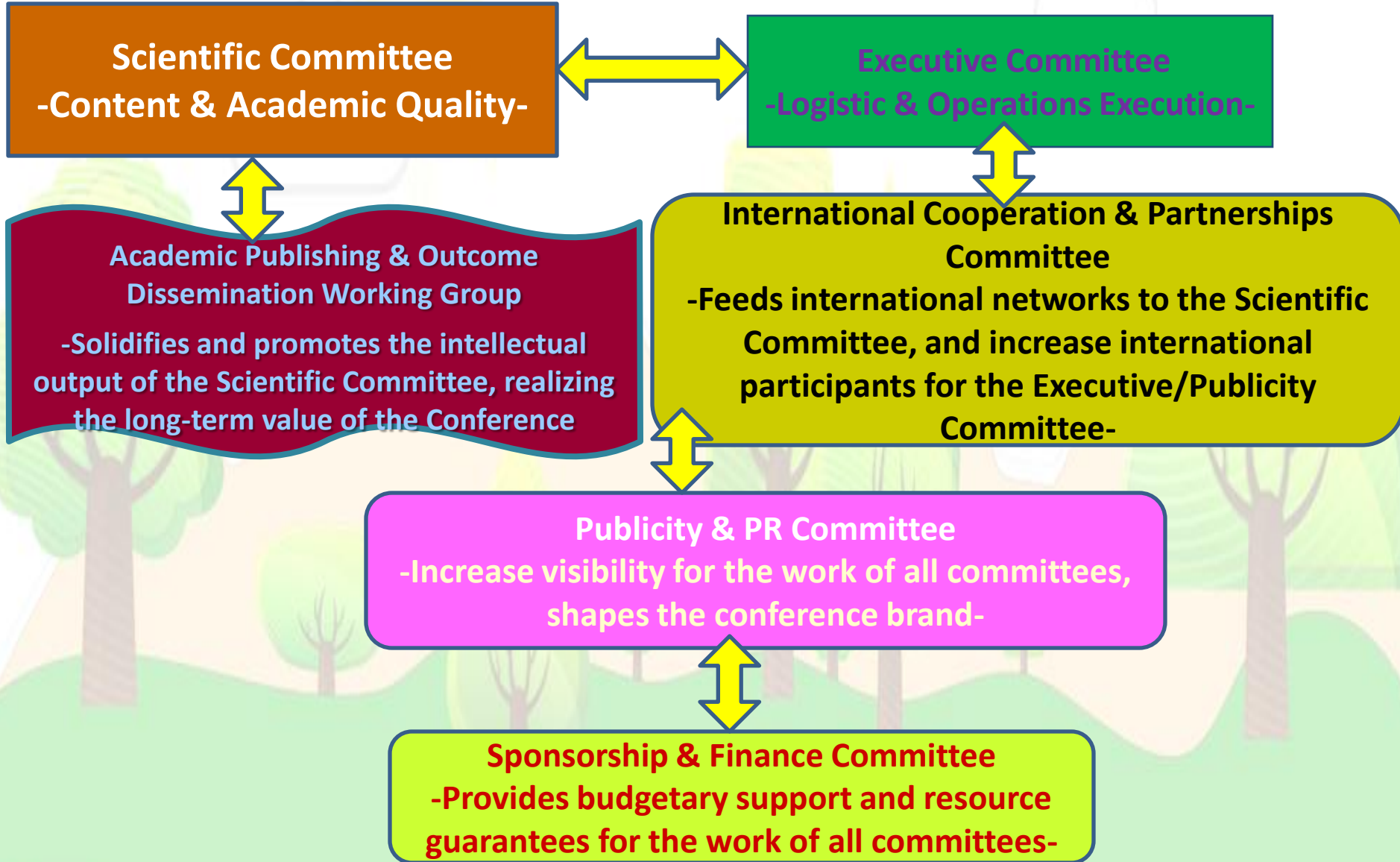
#### 整合架构图及协作关系



#### 4) 組織架構和分工 (25分鐘min)

### Organizational Structure and Division of Tasks

#### Integrated Structure Diagram and Collaborative Relationships



## 4) 組織架構和分工 (25分鐘min) Organizational Structure and Division of Tasks

### 籌備委員會 成員分工 **Division of Tasks of Organizing Committee Members**

#### 建議 **Suggestion**

科學及學術委員會 [PDF](#)  
**Scientific Committee**

執行委員會 [PDF](#)  
**Executive/Event Management Committee**

贊助與財務委員會 [PDF](#)  
**Sponsorship & Financial Committee**

宣傳與公共關係委員會 [PDF](#)  
**Publicity & PR Committee**

國際合作與伙伴委員會 [PDF](#)  
**International Relationship and Partnership Committee**

## 序言 Preface

## 背後意義和期望目標

## Underlying Significance & Desired Objectives

## 拓展策略

## Outreach Strategies

## 序言 Preface

在「一帶一路精神健康國際研討會」的籌備初期，將「資源整合和動員與策略伙伴」設為核心議程，極具戰略眼光。這不僅是行政流程，更是決定會議層次、影響力與可持續性的關鍵。

**Incorporating "Resource Mobilization and Strategic Partnerships" as a core agenda item in the early preparatory stages of the "Belt and Road Initiative International Symposium on Mental Health" demonstrates significant strategic foresight. This is not merely an administrative process but a crucial factor determining the symposium's caliber, influence, and sustainability.**

## 背後意義和期望目標

### 背後的核心意義 Underlying Significance

從「單打獨鬥」到「生態共創」

From "Working in Silos" to "Co-creating an Ecosystem"

確保會議的「高質量」與「接地氣」

Ensuring the Symposium is Both "High-Quality" and "Grounded":

實現影響力的「可持續性」 Achieving "Sustainable" Impact

# 背後意義和期望目標 PDF

## 期望目標 Desired Objectives

- 識別關鍵資源與缺口  
Identify Key Resources and Gaps
- 建立分層的夥伴合作框架  
Establish a Tiered Partnership Framework
- 制定資源動員的「行動路線圖」  
Develop an "Action Roadmap" for Resource Mobilization

## 拓展策略 Outreach Strategies

-核心訴求 Core Interests

-策略與價值交換 Strategy & Value Exchange -

- 政府與公共部門  
Government and Public Sector
- 國際組織與多邊機構  
International Organizations and Multilateral Agencies
- 學術與科研機構  
Academic and Research Institutions
- 企業與商業機構  
Corporations and Commercial Entities
- 非營利組織與社區團體  
Non-Profit Organizations and Community Groups
- 媒體與意見領袖  
Media and Key Opinion Leaders

## 6) 其他事項及開放討論 (15分鐘min)

Any Other Business and Open Discussion

# 機遇與挑戰

## Opportunities and Challenges

**International Conference on Belt and Road Mental Health  
“East-West Dialogue, Heartfelt Resonance”**

**「一帶一路」精神健康國際研討會  
-東西對話 心靈共鳴-**

**“Belt and Road” International Conference on Mental Health  
-Cultivating Healthy Minds, Building Happy Communities Together-**  
**一帶一路精神健康國際研討會  
-健心健行 共建幸福-**

請大家思考

為研討會找尋恰當的研討會名稱和配合研討會目標的口號

**Finding appropriate expressions for the name and a slogan that  
matches the conference's goals**

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**THANK YOU SO MUCH!**